



## Mu-Tea (Macrobiotic Herbal Beverage)

MUSO's Mu-tea is made from herbs, most of which are grown in China. Macrobiotic founder, George Ohsawa was the first to blend them into effective mixtures for various diseases. The herbs used in Mu-tea are selected for only the highest quality and maximal effectiveness. Great care is taken to bring out and maintain the original color, flavor, and aroma of the herbs. For today's often stressful lifestyle, MUSO combines various herbs in Mu-tea that promote a strong body resistant to colds, and soothe stomach problems. MUSO offers "Mu-Tea #9" with 9 different herbs and "Mu-Tea #16" with 16 different herbs.

### Effects of the ingredients of Mu-Tea #16

<b>Citrus Unshu (Mandarin Orange Peel)</b>	compounding ratio: 16.6%
digestive troubles, colds, expectorations, cough, pain	



<b>Poria Sclerotium (Hoelen)</b>	compounding ratio: 11.2%
diuresis, sedation, cough, diarrhea, palpitation, insomnia, vertigo	



<b>Cnidium Rhizome (Japanese Parsley Root)</b>	compounding ratio: 10.0%
tonic, sedation, anemia, menstrual disorders, poor blood circulation, painful period, headache, postpartum disorders	



<b>Herbaceous Peony Root</b>	compounding ratio: 10.0%
fever, abdominal pains, cramps, stomach cramps, muscular pain, nerve pain, painful period, uterine disease, anemia, constipation, cold	



<b>Atractylis</b>	compounding ratio: 10.0%
diarrhea, unformed stool	



<b>Cinnamon</b>	compounding ratio: 9.3%
excitement, carminative, anticonvulsant, sterilization, antivirus	



<b>Angelica Root (Cniou)</b>	compounding ratio: 8.3%
poverty of blood, abdominal pains, menstrual disorder, painful period, constipation, poor circulation	
* It has strong effect to warm hands and feet up.	



<b>Glycyrrhiza (Licorice)</b>	compounding ratio: 6.7%
corrigent, decline of fever, cramp, stomach cramp, an ulcer of the digestive organs, hemorrhoids, sore throat, cough, expectorations, digestive trouble, hepatitis	



<b>Cyperus</b>	compounding ratio: 5.0%
sedation, menstrual disorders, painful period, menopausal syndrome, hysteria, nervous digestive trouble, stomachache, poor appetite, nausea	



**Ginger Root**

compounding ratio: 5.0%

irrigation, decline of fever, cold, cough, expectionation, headache, abdominal pains, digestive trouble, evil thought, nausea, travel sickness

**Apricot Kernel (Peach Kernels)**

compounding ratio: 3.8%

asthma, bronchitis, cough, labored breathing, edema, expectionation

**Rehmannia**

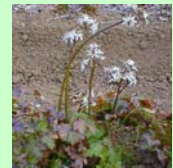
compounding ratio: 1.7%

tonic (medicine), hemostasis, poor blood circulation, dry skin, menopause, menstrual disorder, deficient secretion of hormone, diabetes, enlarged prostate, senile back problem, cataract, impotence, poverty of blood

**Coptis**

compounding ratio: 0.7%

inflammation, antibacterial, gastritis, indigestion, diarrhea, injury disease, stomatitis, eye disease, pain

**Penax Ginseng**

compounding ratio: 0.7%

tonic, alimentation, fragile health, fatigue, during and after one's sickness, poor appetite, bad complexion, poor circulation, digestive trouble, cold, cough, expectionation,

**Cloves**

compounding ratio: 0.7%

indigestion, vomiting, diarrhea, abdominal psychroalgia

**Moutan**

compounding ratio: 0.3%

decline of fever, pain relief, inflammation, menstrual cramps, menstrual disorder, painful period, appendicitis, pain, acne, hemorrhoid

